



YOUNG MINDS



Hi There,

We are the Midlands Children & Young Peoples Mental Health Team at NHS England and Improvement and we need your help please! We are interested in hearing from young people from Black, Asian and Minority Ethnic communities around the topic of accessing mental health support services. You don't have to have accessed support from services previously as we are interested in all voices, not just those from people who have, so please do share your views!

Why are we doing this? It's important to us all that mental health services across the Midlands are reaching our young communities of colour when they need us. To understand how we could improve access and make it easier for young people to get the support they want; who are better than our local young people to tell us!

Is there a deadline? Yes there is. The survey is closing at **COP on Friday 22nd July 2022** so please share your thoughts with us before this date.

How do I get involved? Please follow the link to our short survey, which won't take long to complete, here: <https://survey.alchemer.eu/s3/90466660/Midlands-Clinical-Network-Barriers-to-Accessing-Support-Survey> The information shared will be confidential and we will not be keeping any personal information.

What are you going to do with the information I share? We are going to pull together our findings and share these with all of our children's mental health services and mental health commissioners to help us make changes to improve what we deliver. You have a captive audience, we look forward to hearing your recommendations to us! 😊

Anything else I need to know? This is open to ALL children and young people from Black, Asian, and Minority Ethnic communities in the Midlands, aged 13 - 25. It's completely anonymous so you can share what you think freely, we don't ask for any contact details! Finally, if you have any questions about the survey you can get in touch with us, Laura Brown (laura.brown115@nhs.net) and Mursheda Nessa (Mursheda.nessa@nhs.net), and we will be happy to help.

Thank you so much for getting involved, we look forward to hearing from you!

Warmest regards,

Children and Young People's Mental Health

Midlands Clinical Network Team

NHS England

🌐: www.england.nhs.uk

East Midlands

- Liz Morris – CYP Senior Quality Improvement Manager @ elizabeth.morris3@nhs.net
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West Midlands

- Laura Brown – CYP Senior Quality Improvement Manager @ laura.brown115@nhs.net
- Mursheda Nessa – CYP Quality Improvement Manager @ mursheda.nessa@nhs.net



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